

# Be the One to Help



**SUICIDE**  
PREVENTION  
AWARENESS  
MONTH

**EAP**

EMPLOYEE  
ASSISTANCE  
PROGRAM

Your EAP provides resources to help start the conversation with those in your life who may need support. Call your BHS Care Coordinator or visit [www.behavioralhealthsystems.com](http://www.behavioralhealthsystems.com) to learn more about your benefits.



### **Telehealth**

Available via phone  
or web-based



### **In-Person**

With a doctor,  
counselor or advisor



### **Digital**

Access to  
virtual solutions



800.245.1150

[www.behavioralhealthsystems.com](http://www.behavioralhealthsystems.com)

Benefits may vary. Call BHS.



BEHAVIORAL  
HEALTH SYSTEMS

by



TELUS Health