## Discover Your Path







For 2024's Mental Health Awareness Month, BHS joins the national movement to raise awareness about mental health. BHS provides a place to start for our members to discover their mental health wellness path in their own lives, at home and in the workplace.

Call your BHS Care Coordinator to learn more about your benefits and to schedule confidental, free visits with a doctor, therapist or a financial/legal professional or visit www. behavioralhealthsystems.com.



Telehealth
Available via phone or
web-based



In-Person
With a doctor,
counselor or advisor



**Digital**Access to
virtual solutions



Scan to Access Website and Benefits

